



Don't forget to make  
half your plate  
**FRUITS &  
VEGETABLES**

# Elementary Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit  
Offered Daily on the Fruit and Vegetable Bar

# January 2017

## MONDAY

No School

2

## TUESDAY

**HOM ~ Avocado**  
No School

3

## WEDNESDAY

Roasted Hot Dog  
OR Hot Ham Bagel  
Sandwich  
OR Deli Sliders

4

Garden Green Beans

## THURSDAY

Chicken Nuggets & Soft  
Pan Dinner Roll  
OR Philly Flatbread  
OR Tuna Pasta Salad  
and Dinner Roll

5

Cheesy Mashed Potatoes

## FRIDAY

Pizza Parlor  
OR All American Burger  
OR Pretzel Bites  
W/Cheese Cubes

6

Garlic Herb Broccoli

### Thank Your Customer

9

French Toast Sticks &  
Sausage Patty  
OR BBQ Riblet  
OR Deli Sandwich

Breakfast Potato

Popcorn Chicken Bites &  
Soft Pan Roll  
OR Hot Turkey Gravy/Roll  
OR Chef Salad and Dinner  
Roll

10

Mashed Potatoes & Gravy  
\*Brownie\*

Pulled Pork Sandwich  
OR Southern Chicken &  
Biscuit Sandwich  
OR Yogurt Pack

11

Savory Baked Beans  
Creamy Coleslaw

Beefy Nachos with  
Homemade Cheese Sauce  
OR Macaroni & Cheese  
OR PB & J Sandwich

12

Roasted Corn

Cheese Bread with  
Marinara Sauce  
OR Italian Meatball Sub  
OR Ham Pinwheel

13

Garden Salad

Soft Shell Tacos with  
Lettuce, Cheese & Salsa  
OR Roasted Hot Dog  
OR Munch Able

16

Spiced Pinto Beans

**HOM~Lemon & Thyme**  
Lemon Herb Chicken and  
French Bread Slice  
OR Cheese Calzini  
OR Chicken Caesar Salad  
and Dinner Roll

17

Garlic Mashed Potatoes

Homemade Meatballs &  
Gravy over Rice with Roll  
OR King Ranch Cheesy  
Chicken Over Rice & Roll  
OR Deli Sub

18

Glazed Carrots

Toasted Cheese Sandwich  
OR Breaded Chicken  
Patty Sandwich  
OR Crispy Chicken Salad  
and Dinner Roll

19

and Tomato Soup  
\*Harvest Bar\*

Cheese Pizza Slice  
OR Cowboy Burger  
OR Deli Sandwich

20

Roasted Broccoli

Sloppy Joe Sliders  
OR Chicken Bacon Ranch  
Melt  
OR Honey Mustard Wrap

23

Sweet Potato Fries

Chicken Pot Pie in Bread  
Bowl  
OR Salisbury Steak  
Sandwich  
OR Turkey BLT Salad  
and Dinner Roll

24

Sweet Green Peas

Walking Taco with Lettuce  
and Tomato  
Fish Nuggets & Soft Roll  
OR WG Chips, Salsa,  
Cheese Cubes

25

Black Beans

Crispy Chicken Nuggets  
with Fresh Bread Slice  
OR Roasted Vegetable  
Focaccia  
OR Chef Salad and Dinner  
Roll

26

Ranch Potato Wedges

### Chinese New Year

27

Golden Corn Dog  
OR Chicken Fried Rice  
OR Deli Sub

Stir-Fried Vegetables  
\*Fortune Cookie\*

Toasted Ham & Cheese  
Sandwich  
OR Salisbury Steak with  
Buttered Noodles  
OR PB & J Sandwich

30

California Blend  
Vegetables

Pizza Bagel  
OR Chicken Gyro  
OR Chicken Caesar Salad  
and Dinner Roll

31

Kale Salad

Homemade Chili With  
Cinnamon Rolls  
OR Roasted Hot Dog  
OR Deli Sandwich

1

Roasted Corn  
\*Rice Krispie Bar\*

### National Kiwi Day

2

Ham & Cheese Egg Bake  
with Muffin Square  
OR Chicken Waffle  
Sandwich  
OR Crispy Chicken Salad  
and Dinner Roll  
Breakfast Potatoes  
\*Fresh Kiwi\*

Italian Meatball Sub  
OR BBQ Riblet Sandwich  
OR Pretzel Bites  
w/Cheese Cubes

3

Lemon Garbanzo Bean  
Salad

## PRICES

Regular K-3	\$2.45
Regular 4-12	\$2.60
Reduced	\$0.40
Adult	\$3.60
Milk	\$0.45

## HARVEST OF THE MONTH

**Lemon  
Avocado  
Thyme**

## EXTRA INFO

Milk choice of 1% White, Skim or Chocolate  
Skim is included with lunch.  
Entree Salads are served with Dinner Roll  
For questions or comments, contact  
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